

## CAC Osceola Open for Business During COVID-19

While our community and world face unique challenges, foremost on our minds are the most vulnerable victims of crime in our community. During this crisis, child abuse victims and their caregivers still need and, more importantly, deserve the specialized care provided at their local Children's Advocacy Center (CAC).

We want to assure you that your team at CAC Osceola is on-site and that our center remains open to provide services. To ensure your safety and ours, we have taken precautions in accordance with health directives to ensure a safe and comfortable experience for all those who need to visit the CAC during this time.



Like all of us, the children that CAC Osceola serves, along with their caregivers, are impacted by the heightened worry and stress that the COVID-19 outbreak has created. Times of increased stress can be particularly difficult for children and families who have experienced trauma, as it can trigger anxiety resulting from their past trauma. Ensuring that this vulnerable population has the support they need during such a difficult time is job one for our CAC Osceola team.

There are many resources you can access remotely, which may provide helpful information in navigating these unusual times. Here are a few to get you started:

- For Caregivers: NCTSN's Caregiver's Guide to Cope with COVID-19
- Para padres in Español: Hable con sus hijos sobre el COVID-19 (Coronavirus): Un recurso para padres
- For Children: NPR's Kid's Comic Exploring the Coronavirus. Directions to fold the printed document into a magazine for children here.

If you family is currently involved with the CAC Osceola program, please do not hesitate to reach out to your assigned Child Advocate. If you live outside of Osceola, to locate the CAC in your community, please visit: <u>https://www.nationalchildrensalliance.org/cac-coverage-maps/</u>

More than anything, we ask you to stay safe, following guidelines provided by community and health authorities, and take every step to keep you and your children healthy. Be assured, you are not alone.